



# Crisis

## Support **Crisis at Christmas**

Crisis at Christmas has been running for 44 years, and this year for the second time we are running it in Coventry and Birmingham. Both sites will be providing food, activities and entertainment for up to 100 guests who are homeless, lonely and isolated on Christmas Day. We will also be running a wellbeing week, offering lovely activities and services for guests in the run up to the big day

Crisis at Christmas is run by volunteers, and is stocked purely by donations. Could your workplace, school, family, friends, community group or religious group arrange a collection of goods that could help make Christmas extra special for our guests. Purchasing an extra item in your shopping today really could help make a difference. Our wish list includes:

### **Food**

- Tea Bags
- Instant Coffee
- Hot chocolate powder
- Crisps
- Savoury snacks
- Tins of assorted biscuits
- Mince pies and long-life cakes
- Chocolates
- Sweets
- Squash
- Any soft drinks in plastic bottles
- Boxes of cereal

### **Clothing: men's and women's**

- Socks and pants

### **Toiletries: men's and women's (no aerosols please)**

- Roll on deodorant
- Bars of soap
- Flannels
- Shower gel
- Toothpaste
- Toothbrushes
- Sanitary products

### **Christmas gifts**

- Toiletries gift sets (no razors or aerosols)
- Torches
- Games
- Puzzles
- Chocolates
- Biscuits
- Mini diaries
- Notebooks
- Nice stationary
- Art sets
- Books
- Magazines

### **Contact details**

If you have a collection ready, please get in touch. We can let you know where to drop it off, or we can collect from you. Donations will be shared between the Birmingham and Coventry centres

Please call 02477 087400 and speak to Katie or Charlotte

**Thank you so much in advance**